

Send Reservations to: **Mark Flemm - PA Coaches Clinic**  
 302 Carla Drive  
 Pittsburgh, PA 15238  
 724-882-4760

Exhibitors and Marketing Contact: **Zach Jankowski**  
 724-787-8707

Speaker and Schedule Contact: **Zach Jankowski**  
 724-787-8707

Baseball Softball

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

School or Organization: \_\_\_\_\_

School or Home Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Total Number of Adults @ \$75 each ..... X \$ 75 = \_\_\_\_\_ .00

Total Number of Youth Baseball Sessions ONLY @ \$40 each . . . X \$ 40 = \_\_\_\_\_ .00

Total Number of Students/Players @ \$30 each. .... X \$ 30 = \_\_\_\_\_ .00

Enclosed is my check payable to "PA Baseball & Softball Coaches Clinic" for:

Adult Pre-Registration: \$75 | Adult Registration at the Door: \$85 | Youth Baseball Sessions Only: \$40 | Student/Player Registration: \$30



**Hotel Reservations:**

To receive the special group rate of \$89, make your reservations directly with the hotel at least 21 days in advance and mention you are attending the 2011 PA Baseball & Softball Coaches Clinic



(Just 20 minutes from the Pittsburgh Airport)  
**Pittsburgh Radisson (Green Tree)**  
 101 Radisson Drive  
 Pittsburgh, PA 15205

Reservations: 1-800-395-7046  
 Phone: 412-922-8400 Fax: 412-922-8981

(Please pass this information along to youth coaches and organizations in your area)

**Celebrating 25 Years of Excellence**

The PA Baseball & Softball Coaches Clinic would like to thank you for your dedication throughout our 25-year history. Without the loyal support from our sponsors, vendors, speakers, attendees and volunteers, the clinic would not be possible. The basic philosophy of the clinic has always been to "help coaches gain an edge." Whether it be for practice or game day, the clinic has always tried to provide detailed information on a variety of topics from the sports' most premier and prestigious coaches. While the roster of speakers is yet again impeccable this year, the clinic has a little more to offer. To celebrate our 25th anniversary, we will be holding numerous raffles throughout the two-day event that could reward you and/or your team with equipment, apparel, cash and free admission to future clinics. Everyone who attends the clinic is eligible to win. We hope each and every year has been valuable to you and we look forward to many more successful years in the future. Again, the clinic staff thanks you for your support.

**BLACK BEAR FUNDRAISING \*\*\* Special Promotional Offer \*\*\***

Black Bear Fundraising, proud sponsor of the 25<sup>th</sup> annual PA Coaches Clinic, is offering the following great opportunity: **If your team agrees to sign a two-year fundraising contract with Black Bear, the company will pay the registration fees for your staff to attend the 2011 clinic (up to three coaches).** Black Bear is a no-risk fundraising company; therefore, no "up-front" money is required from your team. Currently working with over 150 schools, Black Bear stands by the following promise: *If you have at least 20 athletes in your program, a minimum of \$1000 will be raised annually. Anything short of \$1000, the company will cover the difference! To take advantage of this offer, please call John Trageser @ (724) 331-0242 or send an email to [jtrageser@blackbearfundraising.com](mailto:jtrageser@blackbearfundraising.com).*



**BASEBALL SCHEDULE - Friday, January 14, 2011**

11:00am - 9:00pm. . . . . Registration (Grand Ballroom Lobby)  
 2:00pm - 8:45pm. . . . . Exhibitors (Junior Ballroom)  
 4:00pm - 5:30pm. . . . . Dinner Break

1:00pm - 2:00pm

Grand Ball Room - **Bob Morgan** - (Feature Presentation) Motivation - Things That Make Us Do the Things We Do

2:15pm - 3:00pm

South Room - **Ron Wolforth** - Stuck on Stupid: Moving Into the 21st Century With Regard to Conditioning Pitchers

North Room - **Andy McKay** - Building a Hitting Approach That Maximizes Your Hitters' Strengths

3:15pm - 4:00pm

South Room - **Bob Morgan** - Pick Off Plays: Breaking the Back of an Inning

North Room - **Rob Cooper** - Infield Play From the Ground Up

5:30pm - 5:45pm

**RAFFLE #1 - Exhibitor's Room**

5:45pm - 6:30pm

South Room - **Ron Wolforth** - The Trinity for Pitchers: Velocity, Command, and Health & Durability - Part 1

North Room - **Scott Stricklin** - Catching: Receiving and Throwing Skills & Drills

6:45pm - 7:30pm

South Room - **Tim Pettorini** - The Base Running Tour

North Room - **Andy McKay** - Creating a Bullpen Session to Meet Each Pitcher's Needs

8:00pm - 8:45pm

South Room - **Morgan/Pettorini/Stricklin** - Cool Down Session - Let's Not Leave Any Question Unanswered

North Room - **Cooper/Wolforth/McKay** - Cool Down Session - Let's Not Leave Any Question Unanswered

8:45pm - 9:00pm

**RAFFLE #2 - Exhibitor's Room**

**BASEBALL SCHEDULE - Saturday, January 15, 2011**

8:15am - 12:00pm. . . . . Registration (Grand Ballroom Lobby)  
 8:30am - 12:30pm. . . . . Exhibitors (Junior Ballroom)

8:55am - 9:10am

**RAFFLE #3 - Exhibitor's Room**

9:15am - 10:00am

South/North Room - **Andy McKay** - (Feature Presentation) Implementing the Mental Game Into Your Program

10:15am - 11:00am

South Room - **Scott Stricklin** - Catching: Blocking and Miscellaneous Skills & Drills

North Room - **Tim Pettorini** - Practice Organization: Maximize the Productivity of Indoor & Outdoor Practices

11:30am - 12:15pm

South Room - **Rob Cooper** - The Wright State Mental Approach to Hitting

North Room - **Ron Wolforth** - The Trinity for Pitchers: Velocity, Command, and Health & Durability - Part II

12:30pm - 1:15pm

South Room - **Bob Morgan** - 1st & 3rd Offensive Philosophy

North Room - **Tim Pettorini** - Outfield Play Wooster Style

1:30pm - 2:15pm

South Room - **Rob Cooper** - Five Hitting Drills for Offensive Success

North Room - **Scott Stricklin** - Team Defensive Drills to Improve Your Practices

2:20pm - 2:35pm

**RAFFLE #4 - Exhibitor's Room**



**INTRODUCING THE BASEBALL COACHES/SPEAKERS**



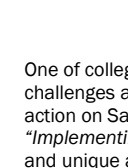
**BOB MORGAN**  
**HEAD COACH (1983-2005), INDIANA UNIVERSITY**  
 Legendary for his ability to motivate, Bob Morgan will share his secrets in Friday afternoon's feature presentation, "Motivation - Things That Make Us Do the Things We Do." With thirty years of experience as an NCAA head coach, Morgan ranks as the 11th winningest baseball coach in the organization's history. He amassed an impressive 1,070 wins over his career at The College of Wooster (1975-1981), Kent State University (1981-1983), and Indiana University (1983-2005). A well respected and sought after clinician, Morgan continues to speak at numerous state and national baseball conventions. Morgan is also a faculty member of the Indiana University Kinesiology Department, where he teaches classes in Theories of Coaching and Coaching of Baseball. In 2008, he published "Bob Morgan's Ultimate Baseball Coach's Manual." Prior to his career in coaching, Morgan graduated from Ohio University and went on to pitch professionally in the Detroit Tigers organization.

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**RON WOLFORTH**  
**CEO, RON WOLFORTH'S BASEBALL RANCH**  
 Ron Wolforth is the founder of Pitching Central and CEO of Ron Wolforth's Baseball Ranch, Inc. in Montgomery Texas. Wolforth has passionately devoted the last twenty years of his life toward uncovering and explaining the possible keys to peak performance as a pitcher. Known to be "a living and breathing pitching laboratory," Wolforth firmly believes that improvement as a player or coach is only possible if one is open to the possibility that he could be mistaken in his current presumptions of the truth. A three-time keynote speaker at the ABCA national convention and featured writer for Collegiate Baseball, Wolforth has seen 34 of his pitchers get drafted and 50 of them top 90 mph. Well-respected throughout the United States, Wolforth has consulted for three MLB organizations, 19 baseball academies and 27 NCAA programs. Wolforth will discuss his unique approach to pitching in a two-part presentation titled "The Trinity For Pitchers."



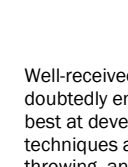
**ROB COOPER**  
**HEAD COACH, WRIGHT STATE UNIVERSITY**  
 Now entering his 7th season at the helm at Wright State, Rob Cooper has earned a reputation as one of the nation's top "up and coming" young and enthusiastic coaches. Well-traveled as a clinician and known to be a superb hitting instructor, Cooper's WSU squads have shattered dozens of school records in various offensive categories under his guidance. Cooper will discuss the philosophy behind the prolific Raider offense in two of his sessions, "Five Hitting Drills for Offensive Success," and "The Wright State Mental Approach to Hitting." Cooper's coaching ability and recent success landed him the honor of being selected to serve as the USA Collegiate National Team assistant coach in 2007 and 2009. Other coaching experiences prior to his tenure with Wright State included stints as an assistant at Oral Roberts, Sacramento City College, Tulane, Wake Forest, and Miami.



**ANDY MCKAY**  
**HEAD COACH, SACRAMENTO CITY COLLEGE**  
 One of college baseball's best at preparing players for the mental challenges associated with the game, Andy McKay will kick off the action on Saturday morning with a feature presentation titled, "Implementing the Mental Game into Your Program." His success and unique approach has garnered the attention of Collegiate Baseball Magazine, with whom McKay is publishing a column titled "The Mental Game of Baseball." McKay is entering his 13th season as the head coach at Sacramento City College, where he has cruised to an impressive 383-167-2 record. McKay, who works closely with his pitching staff, has seen 33 of his pitchers (along with 26 position players) get selected in the MLB Draft. McKay's outstanding ability to prepare his pitchers will be discussed in his session, "Creating a Bullpen Session to Meet Each Pitcher's Needs." Interestingly, in their playing days, McKay and fellow clinician Rob Cooper were co-captains of the 1992 Sacramento City College Panther squad!



**TIM PETTORINI**  
**HEAD COACH, THE COLLEGE OF WOOSTER**  
 The driving force behind a program that is regarded as one of the finest in NCAA Division III is Tim Pettorini, The College of Wooster's veteran head baseball coach. Now in his 30th year at the helm, Pettorini is one of just eight coaches in Div. III history to win 900 games, entering 2010 with an overall record of 953-341-6 (.735). He has guided Wooster to a league-high 12 North Coast Athletic Conference championships, while also taking the Fighting Scots to the NCAA Midwest Regional Tournament on a regular basis (24 times). Wooster has won the regional championship on five occasions (1989, 1994, 1997, 2005, 2009), thus gaining berths in the eight-team Div. III World Series. There, the Scots have a pair of national runner-up finishes (1997, 2009) and a third-place performance (2005) to their credit. Pettorini has been selected the NCAC Coach of the Year on seven occasions and was honored as the American Baseball Coaches Association NCAA Div. III Midwest Region Coach of the Year five times (1989, 1994, 1997, 2005, 2009).



**SCOTT STRICKLIN**  
**HEAD COACH, KENT STATE UNIVERSITY**  
 Well-received by clinic attendees in 2008, Scott Stricklin will undoubtedly energize the crowds again this year. Among the nation's best at developing catchers, Stricklin will illustrate the specific techniques and drills needed to master the skills of receiving, throwing, and blocking. Now entering his 7th season as the head coach of Kent State (222-128 record), Stricklin's excellent recruiting skills and coaching style have led the Golden Flashes to five consecutive Mid-American Conference championships (2006-2010) and three NCAA tournament appearances. Stricklin's 2009 squad had one of the best seasons in school history. Ranked 18th in the preseason poll, Kent State finished the season with a 43-17 record and qualified for the NCAA Regionals where they eliminated nationally ranked Cal Poly. Prior to becoming head coach at Kent State, Stricklin served as assistant coach and recruiting coordinator at Georgia Tech under Danny Hall (2002-2004).

**YOUTH SCHEDULE - Saturday, January 15, 2011**  
 (Specifically designed for baseball coaches of players aged 8 - 14)

8:15am - 9:00am. . . . . Registration (Grand Ballroom Lobby)  
 11:05am - 11:55am. . . . . Lunch Break  
 11:55am - 12:25pm. . . . . Exhibitors (Junior Ballroom)

9:05am - 9:50am

Foster Room - **Larry Wayman / Carl Vollmer** - Organizing Productive Practices That Players Enjoy

~ Celebrating 25 Years of Excellence ~

**2011 MIZUNO**

**Pennsylvania Baseball & Softball Coaches Clinic**

302 Carla Drive, Pittsburgh, PA 15238

January 14th & 15th, 2011  
Radisson Hotel, Green Tree



The Pennsylvania Baseball & Softball Coaches Clinic - Helping Coaches Gain an Edge Since 1987  
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**SHARON DRYSDALE**  
**HEAD COACH, NORTHWESTERN UNIVERSITY (1979-2002)**

With 35 years of coaching experience at the collegiate and professional levels, Dr. Sharon Drysdale's wealth of softball knowledge is unparalleled. Author of *The Complete Handbook of Winning Softball*, Drysdale's career began with a four-year head coaching stint at the University of Kansas. After posting an impressive 64-16 record with the Jayhawks, Drysdale accepted the head coaching position at Northwestern, where she amassed 640 wins during her 23-year tenure. Fittingly, Northwestern University honored her by naming the softball stadium "Sharon J. Drysdale Field." Drysdale went on to coach professionally where she led the New England Riptide to the National Professional Fastpitch championship in 2006. Passionate about educating softball coaches, Drysdale served as the director of the National Fastpitch Coaches College for nine years. While working for the NFCC, she created a renowned eight-course certification program designed to create master coaches. Drysdale continues to work as the lead instructor of her nationally recognized program.

**ALYSON HABETZ**  
**ASSOCIATE HEAD COACH, UNIVERSITY OF ALABAMA**



Since its inception in 1997, the Alabama softball program has rapidly developed into one of the nation's elite. Under the leadership of head coach Patrick Murphy and 12-year assistant Alyson Habetz, the Crimson Tide have cruised to a 615-257 record with six College World Series appearances. Coach Murphy showed his appreciation for Habetz's loyalty by naming her Associate Head Coach in the summer of 2007. Murphy stated, "Alyson is one of the most outstanding people I've ever met. She is the best assistant coach in the country and keeps getting better and better each year." Habetz's primary duties with the team include outfield play and team offense. She will discuss the methods leading to Alabama's explosive offense in her sessions titled, "Hitting Drills For Success," "Hitting Adjustments," and "Developing Mental Giants." Prior to her tenure at Alabama, Habetz enjoyed a four-year career in women's professional baseball with the Colorado Silver Bullets. A superb athlete, Habetz became the first female in the state of Louisiana to play high school baseball after fighting the issue in state courts for two years.



**JULIE JONES**  
**HEAD COACH, UNIVERSITY OF AKRON**

Now entering her 5th season as head coach at the University of Akron, Julie Jones continues to move the program in a positive direction. Jones, known for her energetic personality and ability to motivate, places a strong emphasis on building winners off the field as well as on it. Her team has consistently ranked above all of Akron's 18 intercollegiate teams in grade point average, and has been ranked in the top-20 in the NCAA in team GPA each year since 2007. Additionally, her teams participate regularly in various community service projects in the Akron area. Jones remarked of her unique approach, "We use softball to teach the important lessons of commitment, perseverance, accountability, teamwork, and facing and overcoming failures. We want our players to leave our program with the passion to go out and change the world." Jones, a veteran of the PA Coaches Clinic, will conduct sessions related to developing catchers, overlooked defensive skills, and base-running.

**STEPHANIE VANBRAKLE**  
**HEAD COACH, SAMFORD UNIVERSITY**



One of NCAA softball's youngest and most promising coaches, Stephanie VanBrakle joins the roster of speakers at the 25th annual PA Coaches Clinic. After two very successful seasons as head coach at Birmingham-Southern (57-14; .802), VanBrakle was named head coach of the Samford University softball team in the summer of 2010. Athletic director Bob Roller commented on her hiring, "Stephanie has taken her national reputation as one of the finest softball players in NCAA history and has now brought that winning attitude to her head coaching abilities." VanBrakle had a stellar career as a player at Alabama from 2003-2006, leading the Crimson Tide to three NCAA World Series appearances. She was named SEC pitcher of the year in 2006 and was a Top 10 Finalist for Collegiate Player of the Year. Prior to beginning her coaching career at Birmingham Southern, VanBrakle played professionally for the Philadelphia Force. VanBrakle will share her pitching expertise at the 2011 clinic with sessions on common mechanical flaws, drill-work, and conditioning.



**ERIN GOETTLICHER**  
**FOUNDER AND OWNER OF PRO SOFTBALL TRAINING**

After eight successful years of coaching at the collegiate and professional levels, Erin Goettlicher founded Pro Softball Training in 2009. Based near Washington D.C., the company was created to help elite softball coaches and players continue the positive development, growth, and advancement of fastpitch softball. Goettlicher's commitment to providing young athletes with opportunities to learn has inspired her to create [ProSoftballTraining.com](http://ProSoftballTraining.com). The website gives athletes the ability to connect with their instructors anywhere, and receive instruction and skill analysis through the internet. Goettlicher also uses many other online avenues to share knowledge and information about softball. She will discuss her unique approach in detail during her session, "Using Technology to Instruct and Connect With Your Players." Goettlicher's impressive coaching resume includes stints as an assistant coach in the National Pro Fastpitch (NPF) league with the Washington Glory (2007 NPF Champions), New England Riptide (2006 NPF Champions), and Akron Racers. Goettlicher is the only coach in NPF history to be a part of two national championship teams. Additionally, Goettlicher served as an assistant coach at Georgetown University (2006-2007) and the University of Toledo (2001-2006).

5:15pm - 5:30pm

**RAFFLE #1 - Exhibitor's Room**

7:00pm - 7:45pm

West Room - **Stephanie VanBrakle** - Common Mechanical Flaws and Effective Drill Work Associated With Mastering Six Different Softball Pitches

East Room - **Sharon Drysdale** - Strategies to Create Big Innings

8:00pm - 8:45pm

West Room - **Blevins/VanBrakle/Jones/Goettlicher/Drysdale** - Cool Down Session - Let's Not Leave Any Question Unanswered

East Room - **Alyson Habetz** - Hitting Adjustments: What, When, How

8:45pm - 9:00pm

**RAFFLE #2 - Exhibitor's Room**

**SOFTBALL SCHEDULE - Saturday, January 15, 2011**

8:15am - 12:00pm. . . . . Registration (Grand Ballroom Lobby)

8:30am - 12:30pm. . . . . Exhibitors (Junior Ballroom)

8:55am - 9:10am

**RAFFLE #3 - Exhibitor's Room**

9:15am - 10:00am

West/East Room - **Gayle Blevins** - Building Leadership Within Your Team

10:15am - 11:00am

West Room - **Stephanie VanBrakle** - Creating a Pre-Season Routine For Your Pitching Staff That Leads to Peak In-Season Performance

East Room - **Alyson Habetz** - Hitting Drills For Success

11:15am - 12:00pm

West Room - **Julie Jones** - Catching: Preparing Your Team's Quarterback

East Room - **Sharon Drysdale** - Use the DP Flex Rule to Your Advantage

12:30pm - 1:15pm

West Room - **Julie Jones** - Defensive Quick Tips: Little Things That Make a Big Difference

East Room - **Erin Goettlicher** - Using Technology to Instruct and Connect With Your Players

1:30pm - 2:15pm

West Room - **Gayle Blevins** - Training Your Infielders

East Room - **Sharon Drysdale** - Outfield Techniques and Strategies

2:20pm - 2:35pm

**RAFFLE #4 - Exhibitor's Room**



**INTRODUCING THE SOFTBALL COACHES/SPEAKERS**



**GAYLE BLEVINS**  
**HEAD COACH, UNIVERSITY OF IOWA (1988-2010)**

Second in all-time career wins in NCAA Division I softball history, coaching legend Gayle Blevins (1245-588-5) highlights a diverse roster of speakers at the 2011 clinic. Blevins will be featured in a Saturday morning presentation titled, "Building Leadership Within Your Team," where she will share strategies she acquired during her illustrious 31-year career. Blevins, who never experienced a losing season during her tenure at Iowa (1988-2010) or Indiana (1980-1987), led her teams to eight Big Ten titles and seven College World Series appearances. She was named National Coach of the Year twice (1986, 1991) and Big Ten Coach of the year three times (1989, 1997, 2000). Blevins is credited with being one of the first coaches in the nation to employ "slap style" hitting as an offensive weapon and has earned a reputation as one of the best at using the speed game. Blevins will discuss this approach and more during her session, "Offensive and Defensive Strategies."

10:05am - 10:50am

Foster Room - **Larry Wayman / Carl Vollmer** - Understanding Basic Pitching Mechanics and How To Teach Them

10:50am - 11:05am

Foster Room - **Larry Wayman / Carl Vollmer** - X-Tra Innings Presentation of Facilities and Baseball Offerings

12:30pm - 1:15pm

Foster Room - **Larry Wayman / Carl Vollmer** - Developing Infielders and Outfielders

1:30pm - 2:15pm

Foster Room - **Larry Wayman / Carl Vollmer** - Building Proper Hitting Mechanics With Effective Drills

2:20pm - 2:35pm

**RAFFLE - Exhibitor's Room**

**INTRODUCING THE X-TRA INNINGS BASEBALL SPEAKERS**



**X-TRA INNINGS BASEBALL**  
Golden Mile Industrial Court  
3247A Old Frankstown Road  
Pittsburgh, PA 15239  
(724) 733-4893  
[xtrainings15@yahoo.com](mailto:xtrainings15@yahoo.com)



**CARL VOLLMER**

Since opening its doors in 1995, X-tra Innings Baseball has grown into one of the region's premier training facilities. Larry Wayman, the owner and lead instructor, has built a professional staff whose experience and ability to relate to young athletes is second to none. Wayman, who won two WPIAL titles as the head coach at Franklin Regional, will be joined by Carl Vollmer as this year's featured youth session speakers. Vollmer, an X-tra Innings pitching instructor and the head varsity coach at Plum High School, is well respected for his efforts to educate youth coaches and young players in the area.



**SOFTBALL SCHEDULE - Friday, January 14, 2011**

11:00am - 9:00pm. . . . . Registration (Grand Ballroom Lobby)

2:00pm - 8:45pm. . . . . Exhibitors (Junior Ballroom)

5:30pm - 7:00pm. . . . . Dinner Break

1:00pm - 2:00pm

Grand Ball Room - **Bob Morgan** - (Feature Presentation) Motivation - Things That Make Us Do the Things We Do

2:15pm - 3:00pm

West Room - **Gayle Blevins** - Offensive and Defensive Strategies

East Room - **Erin Goettlicher** - How to Help Your Lefty-Slappers Be Successful

3:30pm - 4:15pm

West Room - **Julie Jones** - Base Running: Get Home Faster

East Room - **Alyson Habetz** - Developing Mental Giants

4:30pm - 5:15pm

West Room - **Stephanie VanBrakle** - Off-Season Workouts and Conditioning For Pitchers

East Room - **Erin Goettlicher** - Scouting Reports and Game Charts: Collecting Useful Information With a Purpose

